

# Paralympics Fact File

## All About Football 5-a-side

Football 5-a-side is played by athletes who have visual impairments. It is a flowing, fast-paced game that uses a special ball with a bell inside that makes a noise as it moves. This helps to guide the players toward the ball.

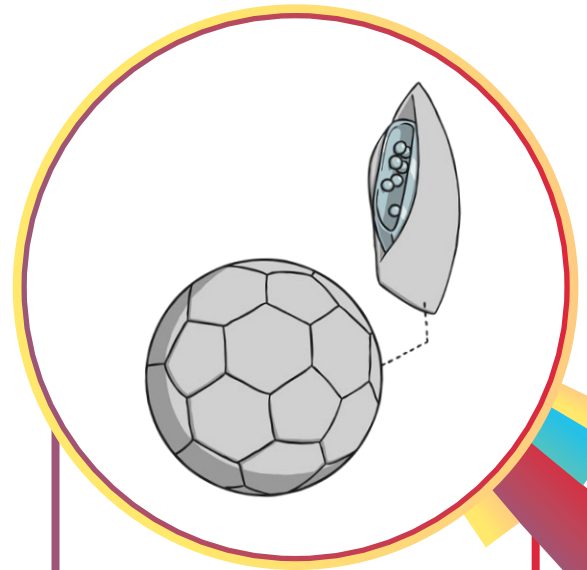
### About Football 5-a-side

Players all wear an eyeshade to ensure that the visual impairment is equal to one another.

Matches are played over two halves of 25 minutes, in the event of a draw, the match may go to penalties. The pitch is surrounded with a rebound wall for safety. Similar to regular 5-a-side football, there are no throw-ins and there is no off-side rule.

The goalkeeper must stay in their penalty area during the game. Each team has a guide behind the opponent's goal that directs the players as they shoot. A penalty can be awarded for various things, such as if the goalkeeper steps outside of their area, if a player kicks or pushes an opponent or a player touches their eyeshade.

When making a tackle, players must shout the word 'voy' so that the person they are attempting to tackle is aware. This is to prevent injuries wherever possible.



### Interesting Facts:

All players must be classified as a B1 level of visual impairment. However, goalkeepers can be fully-sighted or visually impaired.

### Paralympic Debut:

Athens 2004